



NEWSLETTER

St Justin's Parish School

Principal: Mr Patrick Torpey

Email: principal@sjwheelershill.catholic.edu.au

Bulletin No 33

Thursday 22nd October 2020

Dear Family and Friends,

With another week down, it's hard to believe that almost two weeks ago, school was taking place off site. For most of us, at a school level anyway, things are returning to some sense of normality. It certainly is nice to be back. Often I have asked students if they had a good day. "Yes!" comes the reply so I then ask, "What made it such a good day?" Often the responses I get range from recess, sport, lunch, maths, my friends. In the last few days, the response from many has been "socialising". Being restricted for so long has certainly been a reminder of the need for us to be with others.

Today I joined the Year 4s for their Morning Prayer. As they went around the circle sharing their own prayers, I couldn't help notice that all of them prayed for someone else, hoping that others had a good day and that all would be accepted, regardless of the team that they supported - thanks Year 4. I have also noticed this during drop off times in particular, where students will wait and walk with others, regardless of which class they are in – it's always nice to walk beside someone else, even if no words are exchanged. If we all continue to look out for others, our community will certainly continue to flourish. Thanks everyone - much appreciated.

Thanks to everyone for your cooperation during pick up and drop off. It's great to see people:

- *arriving at their allocated time (a few minutes here or there is not the end of the world – but if you arrive early, would you mind parking further away until your allocated time),*
- *wearing face masks*
- *staying with their cars (waiting on the footpath is okay),*
- *parking in a way that allows others to park in front or behind.*

We are very fortunate to have such great road access to our school grounds – something we should not take for granted.

Thanks also for your efforts in helping keep our community safe. A reminder that if at any stage you think your child is unwell, please ensure they are kept home and that you seek medical advice.

25th Anniversary – St. Justin's Parish Church Consecration

We celebrate the 25th Anniversary since the consecration of St. Justin's Parish Church on the 25th October 2020

important dates

Book Week - Weds 28th October



make a note

School Photos - Weds 5th November



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Confirmation

Congratulations to our Year 6 Confirmation Candidates who on the weekend through their Commitment Masses, continued with their preparation for Confirmation. Due to modern technology and the hard work and commitment of Fr Andrew and Mrs Snell, our Candidates were still able to participate in the Masses via pre-recorded readings. The Masses were streamed live and Candidates committed to their preparation, signing a pledge, which I'm sure, will be on display in the family home in a prominent position.

*Our Confirmation Medal Masses will occur on, **Saturday 7th November, 6pm** and **Sunday 8th November, 10.30am**. Further details about these Masses will be shared with families in the coming weeks. We are still unsure when our Candidates will be Confirmed.*

Please keep our candidates in your prayers as they continue on their faith journey.



TERM FOUR

<i>Friday 23rd October</i>	Grand Final/Thank You (Public Holiday)
<i>Wednesday 28th October</i>	Book Week – Dress as your favourite character
<i>Tuesday 3rd November</i>	Melbourne Cup Day (Public Holiday)
<i>Wednesday 5th November</i>	School Photo Day
<i>Saturday 7th November</i>	Confirmation Medal Masses
<i>Saturday 8th November</i>	Confirmation Medal Masses
<i>Monday 9th November</i>	National Recycling Week
<i>Wednesday 11th November</i>	Remembrance Day
<i>Friday 20th November</i>	School Sports Day

Prep 2021 Transition

Tonight we have our second Prep 2021 Parent Transition Night. Tonight's session will be facilitated by Mrs Carley McGauran. Carley is a qualified Psychologist with over 15 years' experience. Carley's focus tonight will be on "Prep Transition - How your family can thrive, not just survive!" Carley's session will help us:

- Feel more relaxed and confident about the "starting school" journey*
- Know how to best support your child with evidence based strategies*
- Learn some practical skills to help you with all parenting challenges*

We very much look forward to this online presentation.

School Photos

*Just a reminder that school photos will be held on **Wednesday 5th November**. Please ensure that your child is in correct summer school uniform (if possible). They will need to wear black school shoes and have the correct colour hair ties - sky blue or maroon. Please ensure that long hair is tied up. As always, we thank you for ensuring that your child is dressed smartly in their correct school uniform – it's a wonderful outward sign that says "I belong". Information regarding school photos was sent home with your child last week. Sibling order forms are available at the office.*

Patrick Torpey
Principal

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St. Justin's Footy Colours Day

Today the St Justin's community got into the spirit of the Grand Final, albeit if it is a little different this year. It was wonderful to see everyone's favourite colours from a range of different sporting codes.

Thank you to all of those families who donated to the 'Fight Cancer - Footy Colours Day' cause, which provides educational support for children fighting cancer. If you would still like to donate, you can follow this link:

<https://footy-colours-day-2020.raisely.com/st-justins>

Enjoy Saturday's game with your family everyone.



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THE IMPORTANCE OF ROUTINE

Returning to school means it's back to routines! It can be challenging getting back in the swing of things and can make for stressful mornings rushing out the door. Simple routines play an important role in the lives of adults AND children. They provide stability and order, and they set us up for success.

A steady routine can make parts of the day "automated", leaving us with extra brain power to take care of the other 1000 things you need to get done during that time.



Children thrive with a routine, they provide consistency and clear expectations. That predictability leads to the feeling of security children crave.

Routines:

- *Help create and establish good habits*
- *Foster independence*
- *Encourage responsibility*
- *Teach time management*
- *Provide a sense of accomplishment*

Establishing a successful routine needs to be simple. Routines that have too many steps or are too detailed just won't work. Simple routines are much more likely to stick because they're easier to remember.

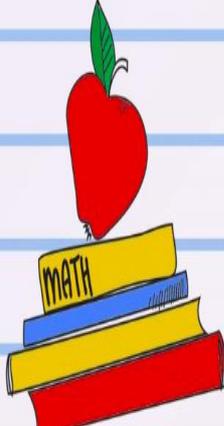
Using charts, pictures and other visuals to assist in learning the before and after school routines offers success as children can see an image of what they need to do and complete the task quickly and confidently.

Below are some examples of clear and easy to follow routines for before and after school and before screen-time is allowed.



BEFORE SCHOOL ROUTINE

- MAKE BED
- GET DRESSED
- EAT BREAKFAST
- BRUSH TEETH
- PACK BACKPACK (HW/LUNCH)



AFTER SCHOOL checklist

	UNPACK BACKPACK	
	UNPACK LUNCH BOX	
	HEALTHY SNACK	
	HOMEWORK	
	READING TIME	
	DAILY CHORES	
	PREP FOR TOMORROW	

Good job!



After School Routine!



	Put Away Items
	School Paperwork
	Snack
	Homework
	Free Time
	Dinner
	Family Contributions
	Prep for Tomorrow

Clothes, Lunch, Bag, Homework © getSNAZZY.com

Before Screen Time...

Before you can watch TV or play on a tablet...

- ★ I made my bed 
- ★ I brushed my teeth 
- ★ I completed my school work 
- ★ I read for 15 minutes 
- ★ I exercised for 15 minutes 
- ★ I completed my daily chore(s) 
- ★ I used good manners and kind words 
- ★ Parent choice 
- ★ You've earned screen time! 

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Book Week

Just a reminder that next week we celebrate Book Week!

The theme this year is.... CURIOUS CREATURES, WILD MINDS.....

*On **WEDNESDAY 28th OCTOBER** we'll dress up and work together in our class on Book Week activities.*

Book Week costumes may be around the theme- 'Curious Creatures Wild Minds' or any book character from a book children have read. We encourage children to make their own costume from bits and pieces you may already have at home, we have talked about this in our library sessions at school.



Here are some websites for ideas and inspiration....

20 Book Week costumes

25 Book Week costumes

47 Simple Book Week Costume Ideas For 2020

21 Last Minute DIY Book Week Dress Ups for Kids

If children need a mask or something else printed out, they are welcome to come to the library and we'll help them out! If you have any queries, please email: amelenhorst@sjwheelershill.catholic.edu.au

Outside School Hours Care

Outside of Hours Care continues to operate as it has throughout 2020. We encourage parents to make contact with Camp Australia if you require this service for before and/or after school care. Please ensure that you book in at least the week before.

Drop off & Pickup Times

If you need to make any changes to pickup times/zones, we ask that you please contact the office via email: office@sjwheelershill.catholic.edu.au or via phone: 9561 7644. Thank you for your consideration of this request.

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FIRST AID

News

MEDICATION AUTHORITY FORM

Short and medium term medication use for students is something that all schools are required to manage. The Department of Education and Catholic Education Office sets out guidelines for storing medication on school premises, which are detailed as follows and need to be updated on an annual basis at the commencement of each school year, or if your child's medical condition changes:

1. All medication must have a current original Medical Authority Form **completed by your child's Medical Practitioner** and handed into the school office.
2. All medication must be in its original packaging
3. All prescription medication must have an affixed chemist label clearly identifying your child's name
4. The Doctor should specify the name of the medication, how many mls/tablets/other that are required to be dispensed
5. The Doctor should also include the details of how often the medication should be dispensed
6. The Doctor must identify a start date for taking the medication, and include whether the medication has an end date, or will be required ongoing for your child.
7. The Doctor's signature, surgery details and parent/carer details must be clearly identified in the "Authorisation" section of the form
8. Your child's Operoo details should clearly reflect the medication that has been prescribed and the medical condition that it is prescribed for, even if only for a short time



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Medication Authority Form
for a student who requires medication whilst at school

This form should be completed ideally by the student's medical/health practitioner, for all medication to be administered at school. For those students with asthma, an Asthma Foundation's *School Asthma Action Plan* should be completed instead. For those students with anaphylaxis, an ASCIA *Action Plan for Anaphylaxis* should be completed instead. These forms are available from the Australasian Society of Clinical Immunology and Allergy (ASCIA): <http://www.allergy.org.au/health-professionals/ascia-plan-action-and-treatment>

Please only complete those sections in this form which are relevant to the student's health support needs.

Name of School: _____

Student's Name: _____ Date of Birth: _____

Medic Alert Number (if relevant): _____ Review date for this form: _____

Please Note: wherever possible, medication should be scheduled outside the school hours, e.g. medication required three times a day is generally not required during a school day; it can be taken before and after school and before bed.

Medication required:				
Name of Medication/s	Dosage (amount)	Time/s to be taken	How is it to be taken? (eg orally/topical/injection)	Dates
				Start date: / / End Date: / / <input type="checkbox"/> Ongoing medication
				Start date: / / End Date: / / <input type="checkbox"/> Ongoing medication
				Start date: / / End Date: / / <input type="checkbox"/> Ongoing medication
				Start date: / / End Date: / / <input type="checkbox"/> Ongoing medication

Medication Storage
Please indicate if there are specific storage instructions for the medication:

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It is an expectation that all families providing medication to the school follow the guidelines in submitting their child's paperwork and medication as specified, to ensure that the school is able to dispense your child's medication as per the Doctor's instructions.

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To access this form, go to our website and search under "Our Policies" or access the link here:
<https://www.sjwheelershill.catholic.edu.au/our-policies>

And in the case of an evacuation or an emergency, the school must have a clear picture of your child's medication needs via Operoo to ensure that we are able to support your child appropriately should the need arise.

If you need assistance with understanding how to complete the forms, or you would like to identify which is the appropriate form that you should be completing, please contact the office on 9561 7644 or send through an email to office@sjwheelershill.catholic.edu.au for further assistance.

Medication delivered to the school

Please ensure that medication delivered to the school:

- Is in its original package
- The pharmacy label matches the information included in this form.

Self-management of medication

Students in the early years will generally need supervision of their medication and other aspects of health care management. In line with their age and stage of development and capabilities, older students can take responsibility for their own health care. Self-management should follow agreement by the student and his or her parents/carers, the school and the student's medical/health practitioner.

Please advise if this person's condition creates any difficulties with self-management, for example, difficulty remembering to take medication at a specified time or difficulties coordinating equipment:

.....
.....
.....

Monitoring effects of Medication

Please note: School staff *do not* monitor the effects of medication and will seek emergency medical assistance if concerned about a student's behaviour following medication.

Privacy Statement

The school collects personal information so as the school can plan and support the health care needs of the student. Without the provision of this information the quality of the health support provided may be affected. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorised or required by another law. You are able to request access to the personal information that we hold about you/your child and to request that it be corrected. Please contact the school directly or POI Unit on 96372670.

Authorisation:

Name of Medical/health practitioner:

Professional Role:

Signature:

Date:

Contact details:

Name of Parent/Carer or adult/Mature minor:**

Signature:

Date:

If additional advice is required, please attach it to this form

**Please note: Mature minor is a student who is capable of making their own decisions on a range of issues, before they reach eighteen years of age. (See: [Decision Making Responsibility for Students - School Policy and Advisory Guide](#)).

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Lost Property

With the change of seasons, we sometimes need to wear a jumper or jacket in the mornings.

By lunchtime, the children are warming up and running around and we are getting a large buildup of "lost" items that we are trying to return.

At this stage there are 18 items that have not been labelled, or are only labelled with a child's name who no longer attends St. Justin's or has an indecipherable name and in some cases no name at all!

Please help us to find the correct home for your children's uniform by labelling your children's clothing with first and last name.



Labelling your child's uniform:



Jack C



Jack



Not labelled



Leave previous owner's name on the uniform



JACK CITIZEN

Please help us to facilitate the successful return of your child's uniform by using your child's first and last name when labelling them



PARENTS & FRIENDS COMMITTEE

P&F Meeting

On Tuesday we held, what is fast becoming our usual, virtual P&F Meeting. Big thanks again for all those that took part, it was great to get peoples input with the decisions that are being made. Our next meeting in November, will be focusing on events for next year, so if you have any ideas, or would like to contribute to the brainstorming, please come along!

Ritchies IGA's Exciting News!!

Ritchies IGA are launching their new Ritchies Card which will incorporate the Community Benefit Program, so we have the opportunity to continue to earn some money for our school. It is very easy to sign up and takes all of 2 minutes. Just download the app, complete the registration, verify your email address and activate your account. Then login and nominate St. Justin's School Wheelers Hill.

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Every time you shop at any Ritchies IGA and scan your app we will receive a % of your spend. For those that prefer you can collect a card from your local IGA store. It all adds up and so far, our school has received well over \$6000 on the old program. We know quite a few parents in our community shop at Ritchies Rowville so please get on board and support our school. Thank you!

You can download the Apps by scanning the QR codes below - or search for Ritchies in the Apple App Store or Google Play.



Not only are you helping your club, school or charity, you'll also get extra benefits.

BENEFITS:

- Supporting clubs, schools and charities made easy
- Special offers and savings exclusive to members
- Digital Ritchies Card with an easy-to-use app
- Free to join - start saving instantly



HELP RAISE FUNDS FOR

**St. Justin's School,
Wheelers Hill**

**BY USING YOUR
RITCHIES
LOYALTY CARD**



- Download the Ritchies Loyalty App



- Nominate our organisation
- Shop at Ritchies
- You will benefit and we will benefit

CONDITIONS APPLY
Go to www.ritchies.com.au/loyalty

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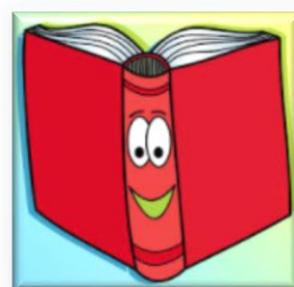
Please note: Classroom Cuisine is only operating on Weds, Thurs, Fri each week at this time.

BOOK CLUB – ISSUE 7



Issue 7 of Book Club is again available exclusively online. The catalogue can be accessed here: https://www.scholastic.com.au/media/5692/bc_720.pdf

Orders can **only** be made via the LOOP platform (scholastic.com.au/LOOP) and will be shipped to your home address.



PLEASE NOTE – NO BOOK CLUB ORDERS ARE ABLE TO BE SENT TO THE SCHOOL

The closing date for Issue 7 orders is: **Friday 30th October.**



Operoo is the new name for CareMonkey, so we will gradually start removing the name CareMonkey from all of our literature to help you adjust to the new name!

Skoolbag App



We are aware that Skoolbag have made some changes across the school holidays.

To ensure that you have the most up to date version we ask that you delete and re-add your Skoolbag APP to ensure that you are getting all of the latest information & notifications from us via your phone.

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Fire Action Week

This week is Fire Action Week, and the CFA is urging all Victorians to prepare themselves and their properties for this year's bushfire season.

Any bushfire season in Victoria has the potential to be a bad one and communities cannot be complacent.

With above average rain fall forecast from now to December, this year's fire season has the potential to be a grassfire-dominated season, with shorter-duration fires in grass and dry forests during hotter and windier days.

A big clean-up before the fire season can make a huge difference to the safety and survival of your home in a bushfire.

Make sure you're ready for the upcoming bushfire season, by:

- *Moving furniture, woodpiles and mulch away from windows, decks and eaves*
- *Pruning tree branches so they are not overhanging on the roof or touching walls*
- *Keeping grass shorter than 10cm. Regularly remove leaves and twigs*
- *Not having plants higher than 10cm in front of windows or glass doors*
- *Making sure you remove all flammable items from around your home before you leave. Houses have been lost to embers landing on a doormat*
- *Checking that your home and contents insurance is current and includes a level of cover in line with current building standards and regulations.*



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