



# NEWSLETTER

## St Justin's Parish School

Principal: Mr Patrick Torpey

Email: [principal@sjwheelershill.catholic.edu.au](mailto:principal@sjwheelershill.catholic.edu.au)

*Bulletin No 12*

*Friday 1<sup>st</sup> May 2020*

*Dear Families and Friends,*

*Again, we thank you for your amazing support. This is different for us all and I truly believe that everyone is doing the best that they can.*

### *Update on flexible and remote learning*

*You may be aware of media reports speculating about an end to the current requirement for students to learn flexibly and remotely.*

*The Catholic Education Commission of Victoria (CECV) is following the advice of the Chief Health Officer and working with the Victorian Department of Education and Training on developing a state-wide process for all schools to transition back to in-person teaching, and will provide an update once an approach has been agreed.*

### *Happy Birthday Fr Andrew*

*This Sunday, Fr Andrew will celebrate his birthday, and whilst I know all birthdays are special, this one will be extra special. Yesterday, after school, Mrs De Lillo organised a surprise party for Fr Andrew, and whilst it was no surprise that only a few could attend (I'm not sure that turning 50 is an essential reason to be out and about) we were able to join in via a Google Meet.*

*Happy Birthday Fr Andrew – we'll be thinking of you on Sunday.*



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## St Justin's Parish School, Wheelers Hill

### Mother's Day Liturgy

Next Friday 8th May, we will be celebrating a brief Liturgy in honour of our Mothers. This will take place during the children's 9.30am Class Google Meet. If you are available at this time we would love to invite parents to be a part of this celebration.

Mother's Day is a time when we acknowledge all the great things our mothers do for us and a time when we can show them how much we love and appreciate them. If you are unable to take part in the Mother's Day Liturgy at this time you will be able to gain access from your child's Google Drive or from the school website.



Hoping you can join us.

## Mother's Day ~ Sunday 10<sup>th</sup> May

### From the Parish

A reminder to all that if there is anyone that you know who is in need, yourself, a family member or a member of our Community, please don't hesitate to contact the Parish Office.

Mass is available every day via Facebook and YouTube – just type in St Justins Wheelers Hill and you'll find us there. If accessing Mass via YouTube, please remember to Subscribe!

Check our parish website for details [pol.org.au/wheelershill](http://pol.org.au/wheelershill) or call/email the Parish Office: (03) 9401 6335 or [wheelershill@cam.org.au](mailto:wheelershill@cam.org.au)

Regards,

Fr. Andrew

### Enrolments 2021

We are still accepting enrolments for 2021. If you have a child commencing next year and haven't returned an enrolment form, or know someone who needs an enrolment form, please contact the office. We hope to be able to offer virtual tours in the near future and given the situation, we are happy to offer tours after school (even though schools aren't the same without people). We will be practising safe distancing of course!



### Google Meets Schedule for next week

Monday 4 <sup>th</sup> May	9.30am	1.00pm
Tuesday 5 <sup>th</sup> May	9.30am / Year 3/4s - 11.30am (due to planning)	No afternoon Google Meet
Wednesday 6 <sup>th</sup> May	9.30am	1pm
Thursday 7 <sup>th</sup> May	9.30am	1pm
Friday 8 <sup>th</sup> May	9.30am	No afternoon Google Meet

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## *St Justin's Parish School, Wheelers Hill*

### **Maths News**

*Maths at home is, and will continue to be, well supported through what your child's classroom teacher is delivering through the weekly program, live sessions and instructional videos. Teachers will continue to develop activities that promote learning and deliver feedback that guides students towards their next step.*

*Please continue to have conversations with your child about what they are doing in maths and don't be afraid to watch the instructional videos - these may clarify the differences in the way 'we teach' and the way 'you learnt' maths. The differences you may see from how you learnt and how we now teach have come from a lot of research and understanding in how children best learn in Maths.*

*A great way to work on maths at home is through playing games. This can be as simple as board games that you may already have at home. When playing those games, you can ask your child to explain what they are doing through a few prompts, such as:*

- *How many spaces are you moving?*
- *You rolled a 5, can you show me your hand, how many that is?*
- *Which direction are you moving?*
- *How many more places do you need to catch up to me?*
- *Who has the greatest chance of winning? Why?*
- *Who has the least chance of winning? Why?*

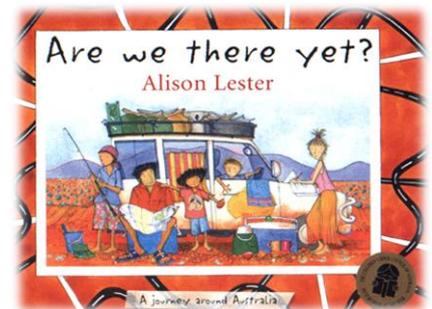
*Cooking and gardening are great ways to explore maths around the house as well as having the chance to spend quality time as a family. These types of opportunities create the possibility for discussion and through these talks you can hear maths come alive. Ask your child;*

- *To tell you how much of something you need for the recipe*
- *If I fill the jug to this line what is the measurement?*
- *How long do you think it will take to cook?*
- *To estimate how far it is to the shed in steps.*
- *How many steps will it take to get from the back fence to the door?*

*Are we there yet? A famous question from those ever so long car rides. This is one that we can now use to engage with Maths at home. Here are some examples as to how you can engage with time from home:*

- *Mark important dates on a calendar*
- *Discuss what time you should start getting ready*
- *Time how long it takes to travel to different locations*
- *Estimate how long it takes you to:*
  - *brush your teeth?*
  - *drive to the store?*
  - *get dressed*
  - *jump up and down 10 times?*
- *Investigate how long it is to your children's birthdays (in months, weeks, days or hours)*
- *List your daily schedule. What time do you get up? What time do you go to school?*
- *Find our arrival time if it is, for example, 10 am now and it will take us 30 minutes*

*Most importantly, have fun with Maths*



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**LITERACY NEWS - Remote Learning Legends**

What have our students been up to whilst learning from home?

**GRADE 3 Smart Spelling**

**WEEK 3 - graph /o/ and digraph /ho/ making the sound "o"**

WRITE the word SAY the word	How many sounds?	WRITE the letters, broke up into graphs, digraphs, trigraphs, etc.								Tricky part?
gone	3	g	o	ne						no
frog	4	f	r	o	g					-
from	4	f	r	o	m					-
drop	4	d	r	o	p					-
off	2	o	ff							ff
along	4	a	l	o	ng					ng
honest	5	ho	n	o	s	t				ho
fondly	5	f	o	n	d	l/y				-
gossip	5	g	o	ss	i	p				ss
honestly	7	ho	e	n	o	s	t	l/y		-
follow	4	f	o	ll	ow					ow
model	4	m	o	d	o/l					o/l

Deb Wood 7:13 PM Apr 27 Resolve

Great job Chiara.

Well done on identifying the double letter digraphs /ff/ and /ll/. You have also identified the spelling focus /o/ in all the words.

The digraph /ho/ is the other focus. I like the way you identified "honest" but you have missed "honestly".

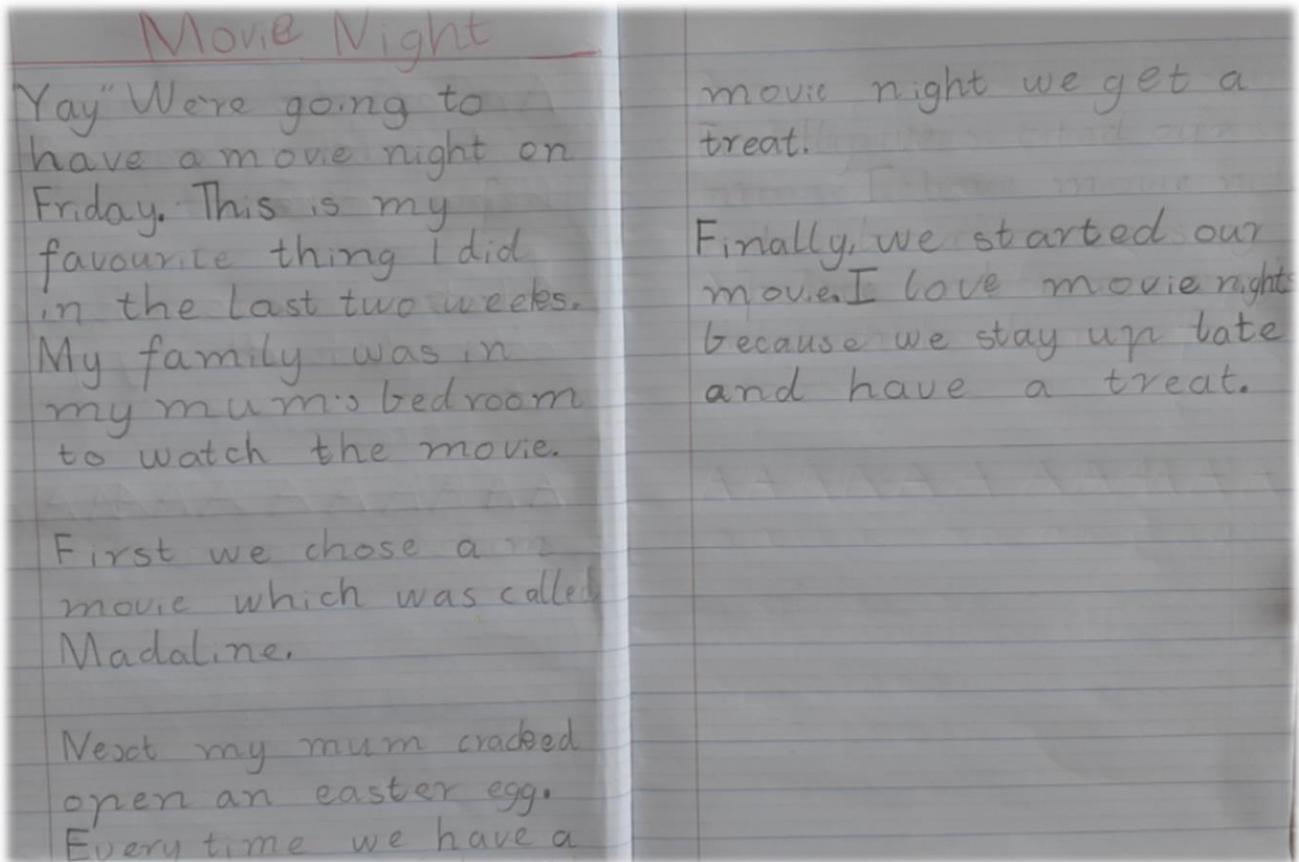
The suffix 'ly' is made up of two sounds or two graphs /l/ and /y/.

I really like the way you challenged yourself by include 12 words from you wordlist. A great piece of work Chiara.

[Show less](#)

Reply Cancel

**A school holidays recount from a Year 2 student**



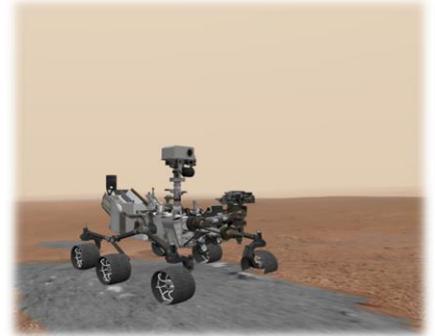
A diary entry of life on Mars by Chloe G from Year 6 using the Curiosity Rover from <https://accessmars.withgoogle.com/>

### Access Mars - Diary Entry

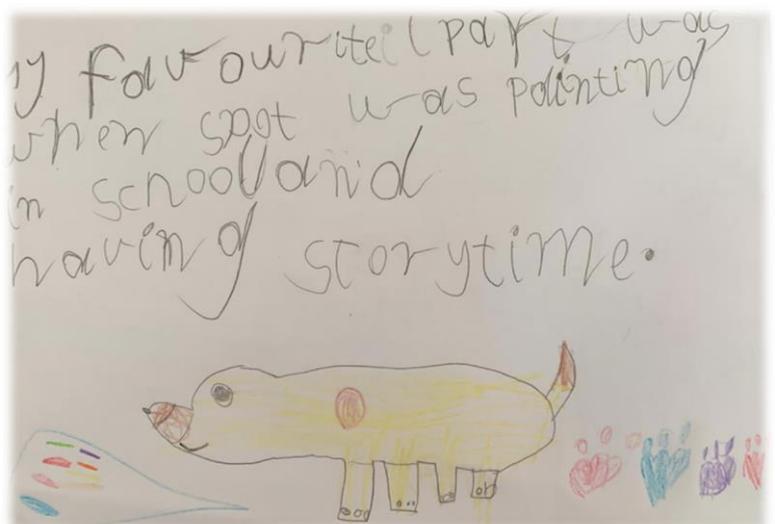
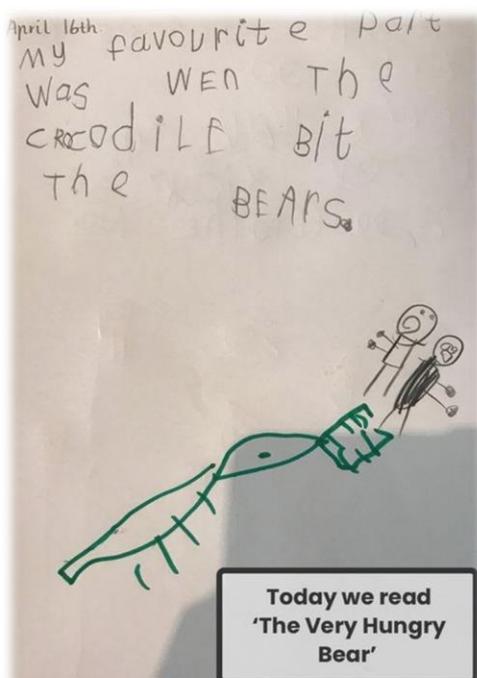
19:32 - August 6th

Day 58

Exactly 2 months now, stuck on a red planet of no life. My hopes of venturing back home continue to grow weaker as I try to contact the commander base. Each night, I examine the sky still searching for home that bounds gravity over 187 million km away. Standing tall on Mount Sharp, I continue to hear the on-going, harsh sound of the Curiosity Rover drilling into sedimentary rocks and sandstone. Even with my heavy, thermal garment suit stuck to my body tightly, I still feel cold thinking about the situation I am in. With a mission to discover if the planet of Mars is capable of supporting life varied over time, I continue to miss the smell and taste of fresh air. Unrelently, all day everyday, I persist to keep testing and working to find answers. Only then did I discover that the commander base had lost signal, to leave me, three others and a distinctive looking robot alone. Now I still have an exceedingly long amount of orders and am stuck on a planet of nearly no life at all. No longer determined to find answers or even clues at all, I sit down on one of the very few seats of our rocket, and wish we were taking off to travel home. At this moment it clicks that writing in this little book was the only thing keeping me sane, and I no longer knew how long that sanity would last.



Prep students were asked to read a story, describe their favourite part and then draw a picture to match. Here are some samples.



**A persuasive text from Sienna in Year 4**

## Homeschool vs Normal school

Nothing is better than Homeschool. While everyone is annoyed about being stuck at home, I believe that we should do lots of things to keep in touch and take advantage of this new position of learning, and also the flexibility of Homeschooling.

Firstly, have a look at this from the disabled people's view. When disabled children are at school and they need help, they may need to wait whilst the teacher responds to several other kids in their care. At home, disabled children are able to get the one on one support they need without having to wait. Also, even if you just have the cold, you can stay at home and still complete important schoolwork from the comfort of your couch or even your bed.

Secondly, it will be easier to get through your own school work without having to wait for everybody else. Just think about all the time you could save! You could work in your own time, in your own space and when you finish, you can do whatever you want. It also encourages you to manage your own time responsibly. For the people who aren't so sure, they will just have to figure it out for themselves and that way is more effective because it will stick inside their brain for longer.

Another reason that Homeschool is better than going to school is that you can still do the curriculum without getting off your couch. If your house is very far away from school, you don't have to wake up at the crack of dawn just to get to school on time. You can just walk to your living room or wherever you do your schoolwork. Another reason is that you don't have to drive to school. Why is that better you may ask? Because cars make pollution. Now that there are less cars driving along roads, there is less pollution.

Finally, I strongly believe that Homeschooling is better than going to school. I am not saying I want things to be like this forever, I am simply saying there are benefits in this change.



*St Justin's Parish School, Wheelers Hill*



***Creativity at home***

*Congratulations to all the students who are being creative at home and trying out cooking, cleaning and gardening activities. Here are some photos of some students and their efforts:*

*Christian made apple pie from apples in his great Nonna's yard.  
Christopher roasted chestnuts.  
Ashton planted seeds and watched them grow.  
Zara made hot cross buns.*



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## *St Justin's Parish School, Wheelers Hill*

*Max made lemon scones from his lemon tree.*

*Rianna did some gardening in her backyard. She grew cucumbers and planted lots of new vegetables and herbs. There are fruit trees such as lime, orange and lemon.*



### ***Kitchen Garden Program***

*In the kitchen last week we made Spanakopita inspired pastry triangles using filo pastry and lots of greens from our garden - silverbeet, spinach, parsley and mint. They were very easy to make and very delicious to eat!! Handling the filo pastry can be quite tricky so be careful not to break it.*

*In the garden we are investigating how seeds germinate. From plants that have 'gone to seed' to the contents found in the pantry or fridge, the year 6 students will be conducting experiments to investigate seed germination. Of course the germination of seeds can be a timely process so we look forward to seeing some of their photos.*



*These photos show the collection of parsley seeds and strawberry seeds from our garden.*



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# St Justin's Parish School, Wheelers Hill

## International Compost Awareness Week



### International Compost Awareness Week Australia - Animation

International Compost Awareness Week Australia (ICAW), is a week of activities, events and publicity to improve awareness of the importance of compost, a valuable organic resource, and to promote compost use, knowledge and products. We can compost to help scrap carbon pollution by avoiding landfilling organic materials and helping to build healthier soils.

ICAW Australia is an initiative of the [Centre for Organic Research & Education \(CORE\)](#), a not-for-profit organisation conducting year round organic research, education and awareness activities.

CORE also organises [National Organic Week Australia \(NOW\)](#).

### **#CelebrateICAW Photo Competition 2020**

Share with ICAW how you have supported Compost Week this year by sending a photo of your compost at home or at work. As a family you might like to share your photos on social media but be sure to tag your photo with the hashtag #CelebrateICAW.

Send your photo to [info@core.asn.au](mailto:info@core.asn.au) between 3rd May and 29th May 2020 - all photos submitted will be uploaded daily on the website.

All photos that are entered into this competition will be in the draw to WIN one of the following great prizes...

- 3 x [Compost](#) kits! (worth \$119 each)
- 3 x [BioBag](#) Starter Bundles (worth \$34.40 each)

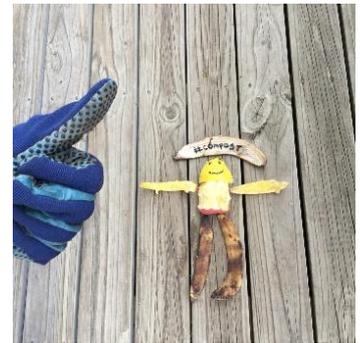
\*\*We would love to see your photos too - please email any photos to Mrs Deegan [adeegan@sjwheelershill.catholic.edu.au](mailto:adeegan@sjwheelershill.catholic.edu.au)

Do you compost your food scraps at home? Do you have a worm farm? If not, why not learn more about composting from Costa the Composter and even contact your council for a discounted compost bin which will be delivered to your home. The City of Monash provides this service. Pop on their website for information about composting.

<https://www.abc.net.au/gardening/factsheets/get-composting/9437492>

<https://www.monash.vic.gov.au/Services/Rubbish-Recycling/Rubbish/Composting>

Some of our creative entries from last year were:



### **What's in your backyard competition - closes this Friday 1st May**

Costa from Gardening Australia wants to know "What's in your backyard?" A photo comp, closes this Friday.

<https://juniorlandcare.org.au/campaigns/whatsinyourbackyard/>

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**DEVELOPING AND MAINTAINING A GROWTH MINDSET AT HOME**



**USEFUL WEBSITES**

[Mindset Works](#) - A great website with information for parents and educators about how to develop and maintain a Growth Mindset for children and adults. It has free resources for distance learning also that can be accessed by parents.

[Big Life Journal](#) - An amazing resource that covers a range of areas including Growth Mindset, Gratitude, Confidence and Self Esteem and Resilience to name a few. This is a resource you have to buy, the kits are full of fun and engaging worksheets and activities that can be completed by the whole family and promote healthy discussion around a range of areas.

[Beyond Blue Looking after your mental wellbeing during Corona Virus](#) - Resources and advice on how to best manage your own mental wellbeing during a pandemic. There are useful articles with strategies that can be applied to both children and adults.

**Dates Ahead**

Tuesday 5 <sup>th</sup> May	Parish Education Board (PEB) Meeting 7.30pm (Zoom Meeting)
Sunday May 10 <sup>th</sup>	Mother's Day
	CatholicCare Family Week (15-21 May)
Saturday 16 <sup>th</sup> May	Working Bee (TBC)
Tuesday 19 <sup>th</sup> May	Mazenod College Tours (9:30am, 10:00am, 10:30am)

**LATER IN THE YEAR**

Tuesday 21 <sup>st</sup> July	Mazenod College Tours (9:30am, 10:00am, 10:30am)
Tuesday 20 <sup>th</sup> October	Mazenod College Tours (9:30am, 10:00am, 10:30am)

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## *St Justin's Parish School, Wheelers Hill*

### **Remote Learning Attendance**

Student attendance at school is a shared responsibility between school and parents/carers. Although learning is occurring differently whilst children are at home remote learning, it is important to appreciate that recording student attendance is still a legal requirement for all schools.

To ensure your child is marked as present for the day, your child must have interacted with school in one of the following ways between the hours of 9:00am – 3:30pm, Monday to Friday.

- student engagement with online learning activities,
- teacher direct interaction, and/or
- student submission of work posted via SeeSaw (Years Prep-2) and Google Classroom (Years 3-6).

If your child is unwell, attending an appointment, needs a “screen free” day or for any other reason you are unable to access any of the above options, **you must advise the school of your child's absence via one of the following methods:**

- **Skoolbag App** – please ensure you select eForm
- Email your child's teacher
- Phone the school – 9561 7644

A follow up phone call will be made if your child is determined absent without notification from parent/carer.

We thank you for your support with following these procedures.

### **Caring for our Community**

During this period of time we thought some businesses might appreciate some extra support. If you are in business for yourself, we would like to give your business a 'shoutout'. What do you need to do you may ask?

Just forward a scanned copy of your business card (in .jpg format) to [office@sjwheelershill.catholic.edu.au](mailto:office@sjwheelershill.catholic.edu.au) and we'll pop it into the next edition of the Newsletter! You just never know who might need your product or service and it's about supporting each other during the good times & the challenging times.

### **Winter Uniform Orders**

Academy Uniforms are now stocking our new girl's winter tunic and school jumper, along with other winter uniform items.

To order you can purchase directly from Academy Uniforms shopfront. They are located at 2/810-818 Princes Highway, Springvale and their operating hours are Tuesdays and Thursdays 09:00am – 5:00pm and Saturday mornings 09:00am – 12:00 noon.



ORDER ONLINE

Our Stores

Where do I shop for my school?

Select your school below to see which stores are available to you.

- Select Your School -

Alternatively you can order over the phone on 9574 1314 or you can order online via <https://www.academyuniforms.com.au/>

Select “**ORDER ONLINE**”

Choose “**St. Justin's**” from the drop down list

Enter the Password “**Wheelers Hill**”

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## Breathe for Beginnings: Self-Care Practice

**GOAL:** Support your own well-being by weaving self-care and breath awareness exercises into your day.



**Instructions:**

1. This exercise can be done from anywhere - from waiting in line at a grocery store to a meditation cushion, and everything in between!
2. Wherever you are, ground through your feet/legs, lengthen your spine, and release the tension held in your neck and back.
3. Begin by taking both hands to your belly. Inhale fully to expand it; exhale fully to relax the belly. Try this a few times and focus on deepening the breath, even to 4-6 counts in and out equally.
4. Take your hands to the rib cage and continue to breathe deeply. Feel the expansion of the ribs as you breathe in, and their release as you breathe out. Explore this sensation for a few rounds of breath.
5. Next, take your hands to the chest or collarbones. Again, continue to breathe deeply and feel the expansion of the breath into the upper torso.
6. Lastly, combine these sensations into one full, deep breath experience: a three-part breath. Notice what comes up for you - how does this make you feel?

Source: *Breathe the Change*

Related Research: [What Focusing on Your Breath Does to the Brain](#)

### **Scholastic Book Orders**

#### **BOOK CLUB – ISSUE 3**

*As most of us are learning from home this term, the Issue 3 Book Club catalogue is available exclusively online.*

*The catalogue can be accessed here - <https://scholastic.com.au/book-club/virtual-catalogue-1/>*

*Orders can **ONLY** be made via the LOOP platform ([scholastic.com.au/LOOP](https://scholastic.com.au/LOOP)) and will be shipped to your home address.*

**PLEASE NOTE – NO BOOK CLUB ORDERS ARE ABLE TO BE SENT TO THE SCHOOL**

*The closing date for Issue 3 orders is **Friday 8<sup>th</sup> May.***

### **Skoolbag - Smart Phone App**

*Members of our school community are invited to download our Smart Phone App. To download the app simply search for St Justin's Catholic School, Wheelers Hills in the App store on your iPhone, Smartphone or iPad.*

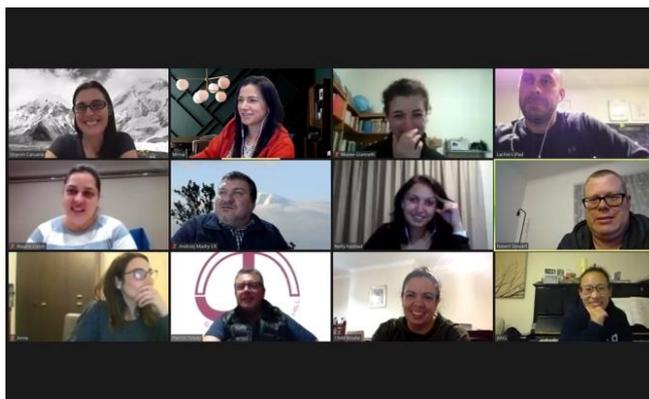


### **Zoom Zoom**

*We had our first virtual P&F meeting on Wednesday this week and it was fantastic to see everybody's smiling faces, even if it had to be via computer.*

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## *St Justin's Parish School, Wheelers Hill*



*It was also an incredibly productive meeting to discuss what we can do in term two. With COVID-19 causing us to shelve many of the plans that were already in place, we got to be creative on a raft of other options we have. We are now shifting our focus from fundraising towards using our amazing community to make the most of things.*

*We are all in the same position in not knowing what the next few weeks will bring, but we all agreed that it's definitely not going to be business as usual for some time. It is important that we try and stay connected during these difficult times. We discussed a few ideas which will be pursued over the coming weeks, so we'll keep you posted.*

*What we are ready to get going with is our inaugural "St. Justin's Run Around Australia" event!! Big thanks to Anna R, Chris B and Mirna U for their amazing effort to get this all up and running in less than 24 hours no less! Now all the rest of us need to do, is start our walk/run/ride/scooter around Australia!! As much as we would all love to be doing this literally, this will be more of a virtual experience.*

*We are asking our school community to stay active and keep track of the kms they have clocked up each day over the week (either walking, running, cycling or scootering) and then email the daily total kms to your class rep by 6pm each Wednesday. We will then plot the kms each week on our map of Australia to see what town we end up in. The aim is to collectively make it around Australia (14,500 kms) by the end of Term 2, considering this works out to be less than 1km per student per day, it certainly seems pretty achievable to me! We'll be providing a weekly update via the newsletter.*

### ***Class Reps***

<b>Prep J</b>	Annick H <a href="mailto:annickholt@gmail.com">annickholt@gmail.com</a> Michelle B <a href="mailto:michisbaker@hotmail.com">michisbaker@hotmail.com</a>	<b>Prep Z</b>	Naf G <a href="mailto:goris@gmail.com">goris@gmail.com</a> Sharon C <a href="mailto:Sharon_caruana@me.com">Sharon_caruana@me.com</a>
<b>1WM</b>	Amanda B <a href="mailto:ajbroadley75@gmail.com">ajbroadley75@gmail.com</a> Nicole P <a href="mailto:nicolephillips613@gmail.com">nicolephillips613@gmail.com</a>	<b>1X</b>	Stella T <a href="mailto:stellatzamouranis@yahoo.com">stellatzamouranis@yahoo.com</a> Joe S <a href="mailto:Joseph.saldaneri@bigpond.com">Joseph.saldaneri@bigpond.com</a>
<b>2M</b>	Maree G <a href="mailto:drmareegiannetti@gmail.com">drmareegiannetti@gmail.com</a>	<b>2D</b>	Bianca D <a href="mailto:biancacarretta@hotmail.com">biancacarretta@hotmail.com</a>
<b>3SS</b>	Melinda I <a href="mailto:Melinda.ignatenko1@gmail.com">Melinda.ignatenko1@gmail.com</a>	<b>3W</b>	Marie M
<b>Year 4</b>	Laura D <a href="mailto:laurabarbuscio_04@hotmail.com">laurabarbuscio_04@hotmail.com</a>		
<b>Year 5</b>	Anna R <a href="mailto:filanna@bigpond.com">filanna@bigpond.com</a>		
<b>Year 6</b>	Vanessa P <a href="mailto:vanessa.papadopoulos1@gmail.com">vanessa.papadopoulos1@gmail.com</a>		

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## *St Justin's Parish School, Wheelers Hill*



**Welcome St Justin's Community to Running around Australia...**

**Come on an epic adventure as our Community gets set to Walk, Run, Scoot or Ride around our beautiful countryside!**

YOU MIGHT BE ASKING HOW WE CAN ACHIEVE THIS WHEN TRAVELLING IS OFF LIMITS AND WE ARE ASKED TO STAY AT HOME?

Well, it is still important to exercise so you are encouraged to get active anywhere you desire, whether it is up and down your hallway, laps of your backyard, on a family walk or ride around your streets!

All you have to do is remember to record your kilometres for the week and send them to your Class Rep each Wednesday.



We will then tally up all the kilometres from each year level and plot on our Australia map where we have reached each week!

We plan to take Highway 1 which is 14,500 kms long and the longest national highway in the world!

**Can our St Justin's Community make it around Australia by the end of Term 2?**

**C'MON EVERYBODY- LET'S GET ACTIVE AND DO THIS TOGETHER!!!**



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